

PHAC TRACK AND FIELD All Stars

Div 3 GIRLS

EVENT	FIRST TEAM NOMINATION	SECOND TEAM NOMINATION
3200 METER RELAY	Southern Columbia	Warrior Run
	Anna Manley, Haley Scopelliti	Rachel Grow, Emily Ritner
	Tori Romania, Morgan Cole	Rylie Urbanski, Tori Ross
110/100 HURDLES	Heather Merrifield	Olivia George
	Hughesville	Warrior Run
100 METERS	Jennifer Pidcoe	Ashley Kline
	Hughesville	Hughesville
1600 METERS	Tori Ross	Jaela House
	Warrior Run	S. Williamsport
400 METERS	Leah Fogelsanger	Heather Merrifield
	Bloomsburg	Hughesville
400 METER RELAY	Loyalsock Twp.	S. Williamsport
	Jenna Gardner, Maddie Fox	Mikayla Plocinski, Alyssa Johnson
	Hailey Zurich, Charlotte Neylon	Amyia Harris, Lela Warner
300 INT. HURDLES	Heather Merrifield	Olivia George
	Hughesville	Warrior Run
800 METERS	Autumn Avery	Tori Ross
	Hughesville	Warrior Run
200 METERS	Charlotte Neylon	Jennifer Pidcoe
	Loyalsock Twp	Hughesville
3200 METERS	Jaela House	Tori Ross
	S. Williamsport	Warrior Run
1600 METER RELAY	Hughesville	Warrior Run
	Jennifer Pidcoe, Autumn Avery	Olivia George, Rachel Grow
	Alivia Braunbeck, Heather Merrifield	Samantha Gates, Tori Ross
LONG JUMP	Niomi Stroh	Larissa Getz
	Bloomsburg	Hughesville
TRIPLE JUMP	Larissa Getz	Jessica Umpstead
	Hughesville	Montgomery
HIGH JUMP	Lexy Forrestal	Maddie Fox
	Montgomery	Loyalsock Twp.
POLEVAULT	Katie Jones	Morgan Johnson
	S. Williamsport	Montgomery
SHOT PUT	Kayla Stackhouse	Regan Roadarmel
	Hughesville	Southern Columbia
DISCUS	Chloe Sees	Kayla Stackhouse
	Warrior Run	Hughesville
JAVELIN	Chloe Sees	Samantha Thompson
	Warrior Run	Hughesville
Coach of the year	Fred Glenwright	Hughesville